REFORMATT INSTRUCTIONS FOR MAC

- 1) Connect your hoop to your computer and turn on
- 2) Go to your Finder >> Applications >> Utilities >> Disk Utilities
- 3) Click the Phoenix Drive on left column

4) Select "ERASE" from the top row of options. Name should say PHOENIX

PHOENIX		
Verify Info Burn Unmount Ej	ect Enable Journaling New Image Convert Resize Image Log	
Macintosh HD Macintosh HD 4.2 MB SpinFX Phoenix PHOENIX	First Aid Erase RAID Restore To erase all data on a disk or volume in the list on the left. 1 Select the disk or volume in the list on the left. 1 Select the disk or volume in the list on the left. 1 Select the disk or volume in the list on the left. 2 Specify a format and name. 1 If you want to prevent the recovery of the disk's erased data, click Security Options. 4 Click Erase. To prevent the recovery of previously deleted files without erasing the volume, select a volume in the list on the left, and click Erase Free Space. Format: MS-DOS (FAT) Name: PHOENIX	
Mount Point : M Format : M Owners Enabled : No Number of Folders : 0	Olumes/PHOENIX Capacity: 4.2 MB (4,194,304 Bytes) S-DOS (FAT12) Available: 4 MB (3,964,928 Bytes) 0 Used: 200 KB (199,680 Bytes) Number of Files: 512	

5) Click Erase... in lower right corner

Macintosh HD Macintosh HD 4.2 MB SpinFX Phoenix PHOENIX jre-8u25-macosx-x64.dmg	First Aid Erase RAID Restore To erase all data on a disk or volume: 1 Select the disk or volume in the list on the left. 2 1 Specify a format and name. 3 If you want to prevent the recovery of the disk's erased data, click Sroptions. 2 Click Erase. 4 Click Erase. To prevent the recovery of previously deleted files without erasing the voluvolume in the list on the left, and click Erase Free Space. 5	ncurity
•	Format: MS-DOS (FAT) Name: PHOENIX	
	Erase Free Space Security Options	Erase

6) You will see a pop up asking you to confirm ... click "Erase"



7) Download the Zip File found under Tutorial section titled "Phoenix Load Files – Patterns & Settings" and uncompress it so it becomes a folder and you can see the contents

8) Now that hoop is erased, let's go to our Finder window and click on the Phoenix Drive.

9) Select all of the files in the *Phoenix Load Files* folder and copy and paste them onto the hoop drive.

10) When all of the files have transferred onto the hoop, eject the hoop, turn it off and then restart the hoop. If it doesn't turn on right away, give it a minute to load all of the files. Now your hoop has a fresh start!

If you have any questions or need further assistance, please email support@spin-fx.com

Happy Hooping!